

Ellefson Warm-Up #3 2006

Buzz

etc.

etc.

etc.

Set metronome to 72 until page 3

Play with full, centered, relaxed sound

etc.

Loosening up

etc.

Clear articulation, precise intonation (also do in minor mode)

etc.

Lip slurs

First staff of music in bass clef, featuring a slur over two notes and a triplet of eighth notes.

Second staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings.

Third staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings.

Fourth staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings, ending with a double bar line.

Fifth staff of music in bass clef, featuring a slur over two notes and a triplet of eighth notes.

Sixth staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings.

Seventh staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings.

Eighth staff of music in bass clef, featuring a long slur over a series of eighth notes with triplet markings, ending with the text "etc." and a double bar line.

Many trombonists struggle with playing softly. My IU colleague, Dee Stewart, points out that in his long career, he has never known anyone who has lost their job due to not being able to play loudly enough, but has known plenty who have been let go because they couldn't play softly enough. Just like any other key fundamental, daily practice will improve ones *pianissimo* reliability. Play this Arban study as *softly as possible*, beginning with any mid-range pitch. Don't always play the written keys. Choose the articulation, and tempo prior to beginning the study but vary the style each day. Buzz the muthpiece if "no-speakums" or "stickies" occur. Keep the air ample and intense yet relaxed. Keep the chops relaxed and don't pinch.



Repeat a tritone away (either above or below)



